

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## **Roelof Kruger**

Has successfully participated & completed the

**Cross Duathlon - Sprint Cowhouse Cross Duathlon #1** 

held at Hazeldean Valley Trails.

## TIME 01:30:08

**PACE** 13.31km/h **OVERALL** 7 of 27 GENDER 6 of 17 30 - 34 3 of 4

outTime

Signature

04 June 2023, Sun Date